



**WORKERS' COMPENSATION INTAKE SHEET**

Referring Physician:	Today's date: / /
Patient Name:	DOB: / / Age:
Address:	
Social Security #:	Gender: M / F
Phone #: ( )	Email Address:

**EMPLOYER INFORMATION**

Employer:	Date of injury: / /
Employer's address:	OWCP Case #:
What is your occupation?	Are you presently employed? Y / N

**ATTORNEY INFORMATION**

Attorney's name:	Phone #: ( )
Attorney's address:	

**WORKERS' COMPENSATION INSURANCE**

Workers' Comp. Insurance Name:		
Claim #:	Adjuster:	Phone #: ( )

**EMERGENCY NOTIFICATION**

Name:
Phone #: ( )
Relationship:

**MEDICAL HISTORY**

Have you or any of your immediate family members ever been told by your medical doctor that you have:

<input type="checkbox"/> Me	<input type="checkbox"/> Family member	Heart	<input type="checkbox"/> Me	<input type="checkbox"/> Family member	Pacemaker/defibrillator	<input type="checkbox"/> Me	<input type="checkbox"/> Family member	Smoking
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	High blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	Leg/ankle swelling
<input type="checkbox"/>	<input type="checkbox"/>	Lung	<input type="checkbox"/>	<input type="checkbox"/>	Gastro-intestinal	<input type="checkbox"/>	<input type="checkbox"/>	Currently pregnant
<input type="checkbox"/>	<input type="checkbox"/>	Anemia	<input type="checkbox"/>	<input type="checkbox"/>	Metal implants	<input type="checkbox"/>	<input type="checkbox"/>	Bladder
<input type="checkbox"/>	<input type="checkbox"/>	Kidney	<input type="checkbox"/>	<input type="checkbox"/>	Cancer	<input type="checkbox"/>	<input type="checkbox"/>	Osteoporosis
<input type="checkbox"/>	<input type="checkbox"/>	Seizures	<input type="checkbox"/>	<input type="checkbox"/>	Infection (last few weeks)	<input type="checkbox"/>	Other: _____	

Please list any medication that you are currently taking or have recently used for any of the above medical conditions. \_\_\_\_\_

Please list any known allergies: \_\_\_\_\_

## HISTORY OF CURRENT INJURY

How did the injury occur? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Where have you received any previous treatment for this injury? \_\_\_\_\_

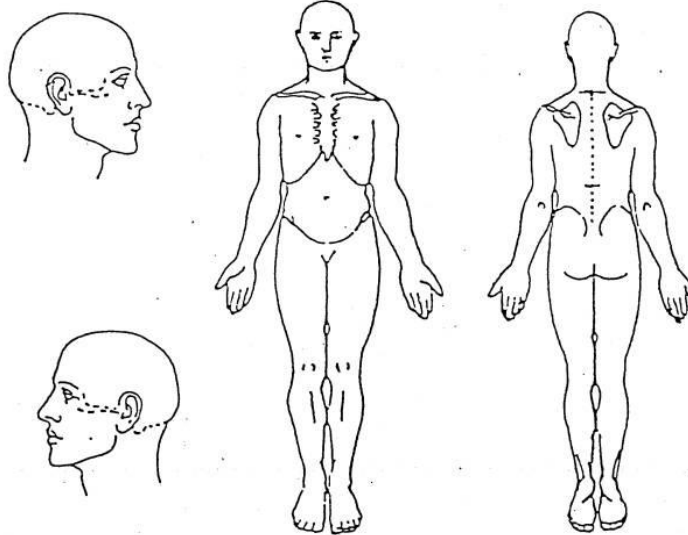
Number of visits and body parts treated: \_\_\_\_\_

Are you taking pain medications? Please list them: \_\_\_\_\_

Please place a checkmark next to any of the following symptoms:

- |                                     |   |  |   |
|-------------------------------------|---|--|---|
| <input type="checkbox"/> Fever      | <input type="checkbox"/> Sweats               | <input type="checkbox"/> Shortness of breath   | <input type="checkbox"/> Diarrhea                     |
| <input type="checkbox"/> Skin rash  | <input type="checkbox"/> Problems with vision | <input type="checkbox"/> Cough                 | <input type="checkbox"/> Constipation                 |
| <input type="checkbox"/> Weakness   | <input type="checkbox"/> Dizziness            | <input type="checkbox"/> Hoarseness            | <input type="checkbox"/> Change in bowel/bladder      |
| <input type="checkbox"/> Tingling   | <input type="checkbox"/> Nausea/vomiting      | <input type="checkbox"/> Difficulty swallowing | <input type="checkbox"/> Involuntary weight loss/gain |
| <input type="checkbox"/> Numbness   | <input type="checkbox"/> Heart palpitations   | <input type="checkbox"/> Painful swallowing    | <input type="checkbox"/> Bleeding of any kind         |
| <input type="checkbox"/> Joint pain | <input type="checkbox"/> Difficulty breathing | <input type="checkbox"/> Other: _____          |   |

Please indicate the location of your pain on the picture below:



<http://www.continuingeducation.net/active/courses/images/course016-body.jpg>

On the scale below, circle your pain level today:

(pain free) 0 1 2 3 4 5 6 7 8 9 10 (worse possible pain)

Please circle all that apply to describe your pain: sharp, stabbing, throbbing, aching, shooting, burning, tingling, heaviness, discomfort, dull, intermittent, constant

If constant, do you have the pain right now? Y / N

Are the symptoms getting:  worse  better  staying the same

Aggravating factors: \_\_\_\_\_

Relieving factors: \_\_\_\_\_

Have you had this problem before the injury? Y / N

Please give the name and dates of the surgeries you have had as a result of your injury: \_\_\_\_\_  
\_\_\_\_\_

# Bay Area Rehab and Medical Patient/Provider Arbitration Agreement

**1. Agreement to Arbitrate.** The undersigned agree that, except as provided in this agreement, any dispute arising by and between Patient (as identified below) and Bay Area Rehab & Medical ("Provider") will be decided and resolved through arbitration by the Alameda County, California, offices of J.A.M.S/Endispute's or its successor, and not by lawsuit or resort to court process except California law provides for judicial review of arbitration proceedings. The parties to this agreement, by entering into it, are knowingly giving up their constitutional rights to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration. Except as provided otherwise herein or as may be applicable to California law as it relates to arbitrations involving health care providers, all arbitrations shall be conducted in accordance with the provisions of JAMS/Endispute's Streamlined Arbitration Rules and Procedures in effect at share of the expenses and fees of the arbitration. The parties hereto agree that the arbitrator may not award punitive damages. The parties consent to the intervention and joinder in this arbitration of any person or entity which would otherwise be a proper party in a court action and upon such intervention and joinder any existing court action by, against or otherwise involving such additional person or entity shall be stayed pending arbitration. The parties hereto agree that provisions of California law applicable to health care providers shall apply to disputes with this arbitration agreement including but not limited to, Code of Civil Procedure sections 340.5 and 667.7 and Civil Code Sections 3333.1 and 3333.2. Any party may bring before the arbitration a Discovery shall be conducted pursuant to Code of Civil Procedure Section 1238.5; however, depositions may be taken without prior approval of the neutral arbitrator. A Claim shall be waived and forever barred if (1) on the date notice thereof is received, the claim, if asserted in a civil action, would be barred by the applicable California statute of limitations, or (2) the claimant fails to pursue the arbitration claim in accordance with the procedures prescribed herein with reasonable diligence.

In lieu of arbitration, Provider, at Provider's sole discretion, may file one or more actions in the Superior Courts (or Small Claims Court for matters within that Courts' jurisdiction) for the County of Alameda, State of California to collect any fees owing the Patient to Provider. Such filings shall not waive Providers right to compel arbitration of any other claim.

**2. Miscellaneous.** If any provision of this arbitration agreement is held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other provision. By my signature below, I acknowledge receipt of a copy of this agreement. The parties hereto intend that this agreement binds all parties, their spouses, heirs and successors in interests. This agreement is governed by California Law.

BY SIGNING THIS AGREEMENT I UNDERSTAND THAT I AM VOLUNTARILY AGREEING TO HAVE ANY MALPRACTICE AND OTHER DISPUTES DECIDED THROUGH ARBITRATION AND THAT I AM GIVING UP MY RIGHT TO A JURY OR COURT TRIAL, THAT I HAVE NOT RELIED ON ANY ORAL REPRESENTATIONS RELATIVE TO ARBITRATIONS THAT ARE NOT IN WRITING AND INCLUDED IN THIS AGREEMENT, AND, FURTHER, I ACKNOWLEDGE RECEIPT OF A COPY OF THIS AGREEMENT.

**Provider:**  
**Bay Area Rehab & Medical**

**Patient:**

**Parent/Guardian**  
(if pt is a minor)

\_\_\_\_\_  
Signature                      Date

\_\_\_\_\_  
Signature:                      Date

\_\_\_\_\_  
Signature                      Date

\_\_\_\_\_  
Printed name and title

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Printed Name

**REQUEST FOR RELEASE  
OF  
MEDICAL RECORDS**

To: \_\_\_\_\_

Physician's Name

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

I hereby request that my medical records  
Be released to:

\_\_\_\_\_  
Physicians' Name

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Date: \_\_\_\_\_

Patient's Signature: \_\_\_\_\_

Print Name of Patient: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

Treatment authorization: I authorize the treatment by Southern California Sports Rehabilitation.  
I have read, understand, and agree to all information presented to me today.

\_\_\_\_\_  
Signature of Patient/Guardian

\_\_\_\_\_  
Date

## Description of Employee's Job Duties

Employee Name: \_\_\_\_\_

Employer Name: \_\_\_\_\_

Job Title: \_\_\_\_\_

Hrs. Worked Per Day: \_\_\_\_\_

Hrs. Worked Per Week: \_\_\_\_\_

Description of job responsibilities: \_\_\_\_\_

Dominant Hand:           Right                            Left

Please check all that apply: As of today, you are:

Working     Not Working             Regular             Modified             Alternative

Please check the frequency of activity required to perform your job:

<b>Activity: (Hours per day)</b>	<b>Never 0 hrs.</b>	<b>Occasionally Up to 3 hrs.</b>	<b>Frequently 3 to 6 hrs.</b>	<b>Constantly 6-8 + hrs.</b>
Sitting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Standing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bending (neck)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bending (waist)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Squatting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climbing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kneeling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Crawling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Twisting (neck)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Twisting (waist)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Repetitive use of hand	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Simple grasping (right hand)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Simple grasping (left hand)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Power grasping (right hand)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Power grasping (left hand)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fine Manipulation (right hand)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Fine Manipulation (left hand)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pushing & Pulling (right hand)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pushing & Pulling (left hand)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reaching (above shoulder level)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reaching (below shoulder level)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Keyboarding with both hands	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please indicate the daily lifting and carrying requirements of your job: Indicate the height the object is lifted from the floor, table, or overhead location and the distance the object is carried.

	<i>Lifting</i>				<b>Height</b>
	<b>Never 0 hrs.</b>	<b>Occasionally up to 3 hrs.</b>	<b>Frequently 3-6 hrs.</b>	<b>Constantly 6-8 + hrs.</b>	
0 to 10 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
11 – 25 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
26 – 50 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
51 – 75 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
76 – 100 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
100 + lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

	<i>Carrying</i>				<b>Distance</b>
	<b>Never 0 hrs.</b>	<b>Occasionally up to 3 hrs.</b>	<b>Frequently 3-6 hrs.</b>	<b>Constantly 6-8 + hrs.</b>	
0 to 10 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
11 – 25 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
26 – 50 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
51 – 75 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
76 – 100 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
100 + lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

Please describe the heaviest item required to carry and the distance to be carried: \_\_\_\_\_

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**Bay Area Rehab and Medical, Inc.**  
34261 Fremont Blvd., Fremont, Ca 94555 (510) 796-1288

**PATIENT CONSENT FOR USE AND/OR DISCLOSURE OF PROTECTED HEALTH INFORMATION TO CARRY OUT TREATMENT, PAYMENT AND HEALTHCARE OPERATIONS**

\_\_\_\_\_, hereby states that by signing this Consent, I acknowledge and agree as follows:

1. The Practice’s Privacy Notice has been provided to me prior to my signing this Consent. The Privacy Notice includes a complete description of the uses and/or disclosures of my protected health information (“PHI”) necessary for the Practice to provide treatment to me, and also necessary for the Practice to obtain payment for that treatment and to carry out its health care operations. The Practice explained to me that the Privacy Notice will be available to me in the future at my request. The Practice has further explained my right to obtain a copy of the Privacy Notice prior to signing this Consent, and has encouraged me to read the Privacy Notice carefully prior to my signing this Consent.
2. The Practice reserves the right to change its privacy practices that are described in its Privacy Notice, in accordance with applicable law.
3. I understand that, and consent to, the following appointment reminders that will be used by the Practice: a) a postcard mailed to me at the address provided by me; and b) telephoning my home and leaving a message on my answering machine or with the individual answering the phone.
4. The Practice may use and/or disclose my PHI (which includes information about my health or condition and the treatment provided to me) in order for the Practice to treat me and obtain payment for that treatment, and as necessary for the Practice to conduct its specific health care operations.
5. I understand that I have a right to request that the Practice restrict how my PHI is used and/or disclosed to carry out treatment, payment and/or health care operations. However, the Practice is not required to agree to any restrictions that I have requested. If the Practice agrees to a requested restriction, then the restriction is binding on the Practice.
6. I understand that this Consent is valid for seven years. I further understand that I have the right to revoke this Consent, in writing, at any time for all *future* transactions, with the understanding that any such revocation shall not apply to the extent that the Practice has already taken action in reliance on this consent.
7. I understand that if I revoke this consent at any time, the Practice has the right to refuse to treat me.
8. I understand that if I do not sign this Consent evidencing my consent to the uses and disclosures described to me above and contained in the Privacy Notice, then the Practice will not treat me.

**I have read and understand the foregoing notice, and all of my questions have been answered to my full satisfaction in a way that I can understand.**

\_\_\_\_\_  
Name of Individual (Printed)

\_\_\_\_\_  
Signature of Individual

\_\_\_\_\_  
Signature of Legal Representative  
(e.g., Attorney-In-Fact, Guardian, Parent if a minor):

\_\_\_\_\_  
Relationship

Date Signed \_\_\_\_/\_\_\_\_/\_\_\_\_

Witness: \_\_\_\_\_



**BAY AREA**  
Rehab & Medical, Inc.

Help for the Federal Injured Workers

**CONSENT for COMMUNICATION via E-MAIL**  
(Provider-Patient)

I, \_\_\_\_\_, hereby consent to have my physician, Bay Area Rehab and Medical, Inc. communicate with me or members of his staff, where appropriate or other physicians, nurse practitioners and pharmacists via e-mailing regarding the following aspects of my medical care and treatment: [test results, prescriptions, appointments, billing, etc.]. I understand that e-mail is not a confidential method of communication. I further understand that there is a risk that e-mail communications between my physician and me or members of my physician's office staff, or between my physician and other physicians, nurse practitioners and pharmacists regarding my medical care and treatment may be intercepted by third parties or transmitted to unintended parties. I also understand that any e-mail communications between my physician and me or members of his office staff, or between my physician and other physicians, nurse practitioners or pharmacists regarding my medical care and treatment will be printed out and made a part of my medical record. I understand that in an urgent or emergent situation I should call my provider or go to the Emergency Room and not rely on e-mail.

Signature \_\_\_\_\_ Date \_\_\_\_\_